







## Nightingale Home and Hospital Service Personal Development Programme 2022/2023



					
<b>Beyond Lawnswood</b>	<b>British Values</b>	<b>Keeping safe and healthy</b>	<b>Character and soft skills</b>	<b>Relationships</b>	<b>Community</b>
Post-16, careers, employability skills, preparing for independence and adulthood	Democracy, the rule of law individual liberty mutual respect & tolerance	PSHE topics, e.g. drug education, Sleep Factor, mental health, PE, online safety	ACE, PBL, outdoor learning and forest schools, team challenges, games, reflection time	RSE topics, e.g. disrespect nobody, anti-bullying	Fundraising, enterprise, charity events, national/international events, reflection time

					
<b>Grow throughout life</b>	<b>Explore possibilities</b>	<b>Manage career</b>	<b>Create opportunities</b>	<b>Balance life and work</b>	<b>See the big picture</b>
Grow throughout life by learning and reflecting on yourself, your background and your strengths	Explore the full range of possibilities open to you and learn about recruitment processes and the culture of different workplaces.	Manage your career actively, make the most of opportunities and learn from setbacks.	Create opportunities by being proactive and relationships with others.	Balance your life as a worker and/or entrepreneur with your wellbeing, other interests and your involvement with your family and community.	See the big picture by paying attention to how the economy, politics and society connect with your own life and career.

CONTENT/ACTIVITY	Offsites	Primary	KS3	Year 10	Year 11	Who?	PD Focus	When?
<p><u>Reflection Time: <a href="#">Nightingale National and International Events Calendar</a></u>  <u>Examples:</u>                      Childhood Cancer Awareness Week, Youth Mental Health Day, World Suicide Prevention Day, World First Aid Day, Jeans for Genes Day, Teaching assistants' day, Recycle Week Starts, Organ donation week, International Day of Peace, World Alzheimer's Day, Harvest and autumn equinox, World vegetarian day, Black History Month, ADHD Awareness Week, Grandparent's Day, World Animal Day, World Space Week, World Teacher Day, World Smile Day, World homeless day, World Mental Health Day, Restart a Heart Day, Halloween, Movember,- Diwali, Guy Fawke's Night/Bonfire Night, Marie Curie's birthday, Remembrance Day, Children in Need, World Kindness Day, Anti-Bullying Week, White Ribbon Day, International day for the elimination of violence against women, National Tree Week, St Andrew's Day (Christian), Christian Jumper Day, International Human Rights Day, International Animal Rights Day, Winter Solstice, The Big Garden Birdwatch Weekend, LGBT+ History Month, National Apprenticeships Week, Safer Internet Day, Valentine's Day, Random Act of Kindness Day, Fairtrade Fortnight, Shrove Tuesday (Christian), St David's Day (Christian), Women's History Month, Marie Curie Daffodil Appeal, World Book Day, National Career's Week, Pi day, International Day of Happiness, Spring Equinox, Mothering Sunday (Christian), National Pet's Month, Walk to Work Day, Palm Sunday (Christian), Easter Sunday (Christian), Queen Elizabeth II's birthday Jubilee, Earth Day, World Day for Safety &amp; Health at Work, Deaf Awareness Week, Star wars day, Florence Nightingale's birthday, Mental Health Awareness Week, World bee day, World Meditation Day, Pride Month, Platinum Jubilee Bank Holiday, Anne Frank's birthday, World Blood Donor Day, National School Sports Week, Father's Day, Summer solstice, Windrush Day, Birthday of the NHS, World chocolate day, Anniversary of</p>		✓	✓	✓	✓	RW/SH/J C	British Values Keeping safe and healthy Character and soft skills Relationships Community	National and international events throughout the year – see events calendar for more details.

the 1st manned moon landing, Samaritan's Day, International Day of Friendship.								
Picture news/ Newsround/ First News		✓	✓	✓	✓	RW/SH/J C	British Values Community	National and international events throughout the year.
Hello Yellow fundraising event		✓	✓	✓	✓	RW/SH/J C/AM/RD	Keeping safe and healthy Character and soft skills Relationships Community	Autumn term.
Charity and fundraising events: MacMillan's World's Biggest Coffee Morning Save the Children Christmas jumper day NSPCC Number day Comic relief		✓	✓	✓	✓	RW/SH/J C/AM/RD	Keeping safe and healthy Character and soft skills Relationships Community	Individual dates throughout school year - see events calendar for more details.
Anti-bullying – one kind word event		✓	✓	✓	✓	RW/SH	Keeping safe and healthy Character and soft skills Relationships	Autumn term.
<a href="#">Makaton</a>		✓	✓	✓	✓	RW/SH	British Values Relationships Community	Throughout school year at regular intervals.
Safer Internet Day		✓	✓	✓	✓	RW/SH/J C	Keeping safe and healthy Character and soft skills Relationships Community	Spring term.
European Day of Languages		✓	✓	✓	✓	DKV	British Values Character and soft skills Community	Autumn term.
Hanukkah (Jewish) Divali (Hindu)		✓	✓	✓	✓	RW/SH/J C	British Values Character and soft skills Relationships Community	Autumn term.
First Aid training					✓	RD	Keeping safe and healthy Community	Summer term.
LGBTQ+ X2Y visiting speaker and group work		✓	✓	✓	✓	RW/SH/E R	British Values Relationships Community	Spring and summer terms.

<a href="#">LGBTQ+</a> awareness month		✓	✓	✓	✓	RW/SH	British Values Relationships Community	Spring term
PASS survey	✓	✓	✓	✓	✓	SH	Keeping safe and healthy	Autumn term (or as part of induction programme for new starters)
Health Related Behaviour Survey, HRBS	✓	✓	✓	✓	✓	SH	Keeping safe and healthy	Spring term.
<a href="#">Sleep</a> Factor					✓	JC	Keeping safe and healthy	Spring term.
<a href="#">Drug</a> and <a href="#">alcohol</a> awareness		✓	✓	✓	✓	RW/SH	Keeping safe and healthy	Spring/summer terms.
<a href="#">Alice Ruggles</a> Trust Relationship Safety		✓	✓	✓	✓	RW/SH	Keeping safe and healthy Relationships	Summer term.
<a href="#">Disrespect</a> nobody		✓	✓	✓	✓	RW/SH	Keeping safe and healthy Relationships	Summer term.
<a href="#">FOMO</a>		✓	✓	✓	✓	RW/SH	Keeping safe and healthy Relationships	Summer term.
Laughter yoga, crystal therapy workshops		✓	✓	✓	✓	ER	Keeping safe and healthy	Spring term.
Thrive & Flourish event		✓	✓	✓	✓	ER/LW	Keeping safe and healthy Relationships Community	Summer term.
Fair Play		✓	✓	✓		RW/SH	Keeping safe and healthy Relationships	Summer term.

<b>Beyond Lawnswood</b>									
<b>CONTENT/ACTIVITY</b>	<b>Offsites</b>	<b>Primary</b>	<b>KS3</b>	<b>Year 10</b>	<b>Year 11</b>	<b>Who?</b>	<b>PD Focus</b>	<b>When?</b>	<b>Gatsby Benchmarks</b>
Icould questionnaire Character analysis and personal strengths identified	✓	✓	✓	✓	✓	All teaching staff	Beyond Lawnswood Character and soft skills	Autumn term.	3
<a href="#">Vocational</a> Profile composition				✓	✓	SH/RD	Beyond Lawnswood Character and soft skills	Year 10 – spring term, Year 11 – Autumn term.	3

Budgeting, credit and payment methods		✓	✓	✓		RD	Beyond Lawnswood	Spring term.	4, 5
Employer encounters visiting speakers - Paramedic - Army personnel	✓	✓	✓	✓	✓	SH/RD	Beyond Lawnswood	Individual dates (autumn term 2021)	5
Interview questions preparation				✓	✓	KP/RD/JC	Beyond Lawnswood Character and soft skills	Spring term.	4, 5
Labour market information				✓	✓	SH/JC/RD	Beyond Lawnswood	Autumn term.	2
Black Country Virtual Careers Expo event				✓	✓	SH/RD	Beyond Lawnswood	Autumn term.	5, 7
CV composition				✓	✓	KP/RD	Beyond Lawnswood Character and soft skills	Year 10 – summer term, Year 11 – Autumn term and summer term	3, 4, 5
College applications					✓	RD	Beyond Lawnswood	Spring and summer terms.	3, 4, 5
<a href="#">Launch Your Career</a>	✓	✓	✓	✓	✓	KP/RD	Beyond Lawnswood Character and soft skills	Autumn term (or as part of induction programme for new starters)	3, 5, 6
Compass+ questionnaire				✓	✓	KP/RD	Beyond Lawnswood	Spring/summer terms.	3
Asdan personal development programme		✓	✓	✓		RD	Beyond Lawnswood Character and soft skills	Spring/Summer terms.	3, 4
Work Experience - Year 11: Oak Meadow primary school [1] - Year 10: Wodensfield primary school [1]				✓	✓		Beyond Lawnswood	tbc	5, 6
Training Providers and College visiting speakers - Skills Training			✓	✓	✓		Beyond Lawnswood	9 <sup>th</sup> May 2022, 23 <sup>rd</sup> June 2022	7
Offsite visits <a href="#">Wolverhampton</a> Training Centre WVTC <a href="#">Wolverhampton</a> Art Gallery	✓			✓	✓	RD/SH/ER	Beyond Lawnswood	Individual dates throughout school year including open days and taster events.	5, 6

<a href="#">Rodbaston</a> College City of Wolverhampton <a href="#">College</a> <a href="#">Juniper</a> Training <a href="#">Skills</a> Training UK <a href="#">Nova</a> training									
Inspiring the Black Country event, Dunstall Park			✓	✓			Beyond Lawnswood	29 June 2022	5, 6
Careers Fair Orchard Centre	✓	✓	✓	✓	✓	RH	Beyond Lawnswood	March - April 2022.	5, 7
Aldersley Career pathways event					✓	SH/RD/ ER	Beyond Lawnswood	Spring term.	5, 7
Colleges' and training centres' open day events exploration				✓	✓	RD/JC	Beyond Lawnswood	Spring term.	7
EHCP reviews					✓	ER	Beyond Lawnswood Character and soft skills	Spring and summer term – individual dates tbc.	3, 8
Consultations – appointments with Connexions Careers adviser Jane Cox					✓	SH/ER	Beyond Lawnswood Character and soft skills	Year 11 young people meet with Connexions advisor and discuss pathways they would like to follow.	2, 3, 8
Travel training including offsite experience				✓	✓	RD/SH/ KP	Beyond Lawnswood Community	Summer term.	3, 5
CPD for teaching staff to identify opportunities for Beyond Lawnswood into their curriculum area		✓	✓	✓	✓	All teaching staff	Beyond Lawnswood	Summer term.	1, 4
CPD: Careers leader training events: BC Hub: - LMI - Gatsby benchmark 1 - Preparing for Ofsted	✓	✓	✓	✓	✓	SH	Beyond Lawnswood	Spring/Summer term.	1,4